

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

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## The Significance Of The Chakras, Part I

What is the significance of opening up the Chakras, how to work with the Chakras, and what feelings to expect that accompany it?

*The significance of the Chakras, Part I. ☺ For purposes of our beginning discussion, let us look at what a Chakra is, first of all. Chakra, as it is referred to on the earth plane, is of course something viewed differently from other dimensions, but it is most commonly referred to as a Spiritual Center in which the physical encasement known as the body has certain entry and exit points, but it is far more complex than that, for it serves, these Spiritual Centers, as safety valves for the Soul and for the energy field that each of you has.*

*The opening up of Chakras is not something to be taken lightly or to be thought of as a game. Ooh, let us see if we can open up a Chakra today! 'Tis not what it is all about. It is something that needs to be viewed from a standpoint of meditation and centering, for the opening of a Chakra signifies a certain vulnerability to the forces around you. It is an indicator that you are prepared for growth at a spiritual level, but at the same time it signifies that there is also a sense of responsibility that you as an entity must take upon the opening of a Chakra.*

*Now when we say that a Spiritual Center opens, remember that it is not something that is completely closed and then suddenly is wide open, closed today open tomorrow kind of attitude. It is not that at all. Rather, it is a gradual breaking away of what might be referred to as a film, a membrane film over certain key areas in the physical encasement, and there is a breaking away of it, a peeling off of layers is perhaps a very good way of describing it, and as a layer is peeled off, the more one becomes open.*

*Now as a layer is peeled off there is a reaction at both the spirit level and at the physical level. You will physically feel a pulling in some cases. For some individuals there will be, I think as I described earlier, a whooshing type of situation where, because of the peeling and the closer you are getting to cleaning the Spiritual Center of its membrane, the more relief there is of actual energies.*

*All of your energy forms, your energy fields, are controlled by these Chakras, these Spiritual Centers, and there is a coming and going of electromagnetic forces that make up all of us as energy forms. When in the physical body, of course, the electromagnetic energy is encased, which is why we refer to it as an encasement, and it therefore has a binding of the energy field. And there is a desire on the part of the Soul to have these releases, and if an energy is not able to begin healing process, then there develops almost what you might call a combustion situation where the energy field is vibrating and needing to release itself, for it is so highly active. When we say an energy form, we mean there is an energetic reaction, and so it is not without its very profound ramifications. And as you, as an energy form, begin to consciously open up your Spiritual Centers,*

*there becomes a greater awareness of the electromagnetic component of others around you.*

*These Spiritual Centers can begin to be opened at an unconscious level. There are many, for example, on the earth plane now who you would not classify as being aware, for example, and they are not consciously trying to open their Spiritual Centers, but as they begin to follow their soul's mission, even if it is at an unconscious level, and they are doing their very best to do what they came in to do. Even by not acknowledging the existence of multiple lives and all of this that we speak of, they are peeling away at their Chakras, though not in as dramatic a way, in very subtle ways, and the peeling away is enough for the release of the electromagnetic field necessary for their particular growth and advancement.*

*Difficulties arise when we have an energy form that is not following its path, and whether consciously or unconsciously, and when this begins to occur, there is actually a thickening of the membrane of these Spiritual Centers, and there is a tighter and tighter encasement that begins to develop. Thus you will see individuals who seem to have everything go wrong for them, they are unhappy energies, and they are at the point sometimes you might refer to them as ready to explode. This is true, and that eventually without the release of their electromagnetic field they will in fact have to leave their bodies and leave this incarnation that they have taken on.*

*Does everyone know where the Chakras are located in the body? Most likely not.*

### **Visualization Of Opening Up The Crown Chakra**

**I have a question about the crown Chakra. It is the one that is right at the top of your head. It is said, or I have been taught, that this is where The Universal Consciousness connects to us or where that information flows in and out of our energy form. Is this correct?**

*That is basically correct, yes. For simplification purposes we will keep this at this level. Think of the top Chakra as the controlling element, and to concentrate in your energy field upon that very pinnacle of your physical encasement. And think of it as you might think of a trap door that has a string upon it that can be opened and closed, and you can do this with your hand. And as you are trying to receive information from The Universe, concentrate your visualization upon this string that is attached to a trap door and you pull upon it. You control it and pull upon it and it opens somewhat even though there is a film, this membrane which I speak of, metaphorically of course, allowing certain information to seep in, to penetrate through.*

*You will not be able to do this unless other Chakras have had basic cleansing. There is no need to clean completely the lower Chakras in order to advance. There is a misconception that in order to utilize and to go through to the top Chakra that the*

*lower ones have to be completely open. This is incorrect. What it means is that percentagewise there needs to be an alignment so that as you begin to clean your lower Chakra ~ you may not get it all cleaned, which most do not in one particular incarnation. It takes many, many incarnations, manifestations, in order to do this. But whatever percentage, if you have cleaned away one tenth of one percent of infinitesimal type of percentage, then that will follow through the entire Chakra formation. So you are then able to receive at the top Chakra information from The Universe that will be given to you in the degree to which the percentages of your Chakras are cleaned. How is this all sounding to you? A little confusing? Yes.*

## Relationship Between Chakras And Illness

**The Chakras, because they are located in central parts of the body where, when we become ill, we tend to become ill in the head, the throat, the stomach, or in the heart. Is there any relationship between the Chakras and illness?**

*Of course.*

**Does it have to do with negative energy that may be blocked in there, or something?**

*Yes. The issue of negative energy is not as simple. Nothing of course is as simple as it might appear to be. But many times what will occur is an energy that is counterproductive. We might not even refer to it as a negative energy, but rather a counterproductive energy that has not been released for a number of situations and reasons that can occur. We can cite Mushiba as a very perfect example of some counterproductive energies that became trapped, and as a result of this, her soul brought on the injury with the back. And once that was resolved and taken care of, all was fine.*

*Know that this can happen to the most cleaned out Chakras. This is just part of being encased on the earth plane that there will on occasion be a trapping of energies that relate to one or many of the Spiritual Centers, and the more aware you are as an energy form to when an imbalance occurs in the total energy that you are, the easier it will be for you to balance with it and to recognize that whatever counterproductive energy has been trapped, to analyze this as for reasons why and what to do about it, at the same time experiencing it for all of its pain and agony and distress, knowing that as long as you are able to meditate and to seek the balance, that in fact it will, for many of you have very great track records in getting rid of these counterproductive energies.*

**Okay. I wish it was simpler than it is.**

*It is even more complex than that. As you begin to understand certain things yourself, and your own Chakras begin to be cleansed, more of the complexities will be revealed to*

*you through your own abilities to reach The Universal Consciousness, and that which appears complex then becomes quite simple.*

### **Does Raising The Kundalini Cleanse The Chakras?**

*The kundalini is a very specific energy. There is again some misunderstanding about the purpose, the significance and purpose, of what is referred to as the kundalini energy, and it is misunderstood. It does have a function in helping you to become better able at the Soul Level to pull away these membranes. It gives a very particular energy. When brought on in a less than serious manner, as many, many souls are doing now on the earth plane, it can be actually a counterproductive energy form. It needs to be utilized within the context of a spiritual responsibility, for it does give tremendous power once it is brought on.*

*Many abuse this particular energy. It is a byproduct of the electromagnetic energy field that each of you has. And you each develop your abilities to bring in this very, very strong energy field. It must be used with caution and certainly not in a game playing situation, as we see with too much evidence now. And it is one of the reasons why many energy forms are receiving psychic attacks, for they have used the kundalini to open up a Spiritual Center dramatically when they are not prepared for it at a spiritual level, and they have physically done this without being prepared at a spiritual level to take on what will occur from those energy forms that are less than pleasant. Then you open yourself up to psychic attack with an inability to protect yourself immediately, and therefore there could be in some cases actual physical harm, and certainly for the opportunity for those of lesser Light to come in and perhaps appear to be giving you information as a guide when in actuality they are not, as we have discussed before.*

*And of course those who use the kundalini in the incorrect way are not even aware that if some new information begins to come through from what appears to be a new source that a challenge needs to be given to that voice. And so, you see, the problem that develops is that those who would use the kundalini in the correct manner would not be susceptible to this condition that I have just described, but those who would not, would be, and therefore tremendous problems occur.*

*My dear, do you have any issues specifically relating to kundalini?*

**You brought up a couple of points just now that I can relate to, especially with hearing new spirit and thinking it was a guide, and here it turned against me, so to speak, but I was not really aware that perhaps that was kundalini. I do at times raise it up a little bit but I have never raised it all the way.**

*Be careful with it, especially for yourself, for you are a very strong energy and the kundalini for you is very, very strong and you must, before attempting to bring it,*

*meditate and call upon all of the protective forces with you. We see you being able to utilize kundalini in a very positive way as time progresses.*

## **Meditating On The Chakras By Colors, And Abilities To Visualize Colors**

**Some of us were given a meditation to use that had to do with the Chakras, concentrating on starting from the lower one up, the Chakra and the color, and moving up through the seven, with each color as a meditation. Would you recommend that for everyone or some people?**

*For some people it does work, especially those who are just beginning to become aware of their own Chakras and the opening up on the Chakras. There are many energy forms who have advanced beyond that need. It is a very good technique in visualization for those energies who are new at this and need to have a visualization in order to center their energies. It is very recommended, for of course, color has a very significant impact upon all vibrations and has very significant importance in the total energy that each of you has, depending of course on where your energy field happens to be in your development determines the kinds of color that are most harmonious.*

*So yes, my dear, we are most supportive of any technique, and we are aware of the information coming through from this end in prior times and that the use of color to clear through the Chakras does indeed work at the earth plane level. There may be many of you who do not feel if you are not using color that you are not clearing your Chakras. Some of you may have gone beyond that need. Recognize that. And at the other end of the scale there may be many of you who are not ready for that particular point and not able to visualize color, to go through each of the centers.*

*Remember that all happens as you are ready, and as I have said so very often, do not compare yourself with what another is doing. Be aware of those aids that can be used by you, and be aware of what others are doing. However, you must find what is right for yourself. You must not put pressure on yourself to do anything simply because you see someone else doing it, or you hear about something being done, and you say, "Oh, I wish I could do that. I want to be like that." You must remember that you each have your own soul's path and you progress on it at the level at which you are progressing. Period.*

**If, rather than visualize the colors yourself, during meditation, they manifest themselves, does this have any significance?**

*It can. For some, visualization then brings on what that is being visualized, so that you may in fact see a color in what appears to be concrete form rather than simply imagining it, and the significance of it really is an indicator of your own abilities to visualize and indicates that you have an advancement in the area of visualization.*

*I would caution you, if this is beginning to happen to you, or has, and I say this to the general audience, for we know, my dear, that it is happening to you, that you view this much in the way that I have discussed the kundalini. It is very powerful to realize that that which you visualize is coming into manifestation and it is a tremendous spiritual responsibility that goes along with this, and part of the problems that have been over the eons of earth plane manifestation has been the Souls who have developed certain powers without the spiritual responsibility that goes along with it.*

*In referencing back to Atlantis during the final destructions of ten thousand years ago as the most recent point of reference for all of you, the last cleansing, that this was part of the problem, these powers, these visualization powers were realized and they began to visualize without spiritual responsibility. The kundalini was brought in without spiritual responsibility.*

*You see, this is a very powerful energy, very, very powerful in its truest form, and it can cause transgressions upon the Soul of another and therefore can be potentially regressive for your own soul's growth, so as you begin to realize certain powers that you have, it becomes even more critical to seek the guidance from The Universal Consciousness, to go to The Creator and ask for the wisdom and the ability to use it in a spiritual context.*

### **How Many Chakras Are There?**

*For simplistic purposes, there are what are called seven Spiritual Centers, major ones. There are offshoots which we will not discuss at this point for it becomes then very complex. Know that some of you are about to become aware of the offshoots, and I only mention this as a subtopic right now so that those of you who, as you experience this, will know that it is valid, that which you experience, and we will address this topic in greater detail at another time, perhaps in a mini-session where those who will understand it the most will be in attendance. And we hesitate to discuss very complex issues in open sessions when there are so many levels of development present, and we do not want to scare off or intimidate significant numbers of you by giving information that is really too complex for the masses, but rather would be fine in transcribed form from a mini-session.*

*When I indicate Part I of Chakras, it is information for the masses. Then we will, when we have the opportunity to discuss the offshoots of the Chakras, my dear, I direct this comment to you for you are about to experience some awarenesses that you may doubt. And know that what you are experiencing, while entirely new to you, is in fact legitimate.*

**I have seen a lot of beauty and a lot of negativity lately in the last few weeks. The negativity is sort of knocking me off stride to some degree.**

*Yes, you have a very sensitive reaction and it is connected to that which will begin to occur with you in a short time. Do not be fearful of it. Trust in The Universe. Trust in your own soul. Trust in knowing that that which you are about to experience is brought on by the Soul, for you are ready for it, and you may call upon us for help.*