

WAITH CLASS TRANSCRIPT

(Information Given Interdimensionally By Waith, Through Mushiba)

September 10, 1987

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Waith's Words, and the Spirit Group's Words, appear in this font style

(If a Spirit Group Member speaks, they will be identified)

Class Member Questions/Comments appear in this font style

(Multiple responses from the class are preceded with this symbol ☸)

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A Writer's Block Stemming From A Past Life

I am in the midst of writing my book. Could you give me some guidelines or some help why I am not getting started yet? Is it too early? Am I pushing myself too much? Do I not have the information together yet? Or is it just another reason for me to delay it?

You have a blockage, my dear, in the writing of this book that comes from a lifetime perhaps two thousand years ago on the earth plane, and it was a rather primitive time in terms of communication with the written word. And you had come into that life with tremendous talents to write, which comes from your development on Atlantis. You had not been on the earth plane since your time in Atlantis. You have been in other dimensions. You have been on other planets.

When you came in, in this particular lifetime, you were not expecting to have problems with those around you toward your own writing that you encountered. You were writing, wanting to communicate spiritual ideals. It was a time of great persecution, as is usually the case. However, this was a time of greater persecution of those who would speak of spiritual matters. You were persecuted for this desire to write of spiritual things, and you were laughed at. You were called names. You were not physically abused. However, you were mentally, emotionally, and psychologically devastated. You left that particular lifetime with a mission unfulfilled.

When you left and came into this side to evaluate that life you were very hard on yourself, and you were punishing yourself for not fulfilling your mission. There was nothing really for you to punish yourself about. You simply did not fulfill your mission. There is nothing wrong with that. You did nothing evil. You did nothing in a negative sense. You simply were unable to cope with ridicule of a group of people who were so low in their enlightenment.

Because of that, you have carried with you this burden, so to speak. It is twofold. You have a burning desire to write. It is unfulfilled from that lifetime. At the same time you have a soul memory that is blocking you at this moment because you remember what happened to you as a result of wanting to write. What you need to do in this lifetime, before you can successfully write, is to unblock this feeling that you have that people are going to ridicule you.

The possibility is very strong that people will make fun and ridicule. They do whenever there is a new idea being presented that may upset what is called the status quo. You are recognizing that there is more to this inability of yours to write than meets the eye, so to speak, and that it has a metaphysical ~ if we were to use that word ~ orientation to it ~ spiritual in its orientation. Through your meditations, first and foremost, you can begin to unblock yourself. Just knowing what is causing the block will be a help to you. You have nothing to fear about writing. You have a very, very tremendous talent in writing.

During the Atlantean Time, you were part of a group who helped to publish the history of Atlantis. You produced volumes and volumes of information, and it was all destroyed during the second cataclysm of Atlantis. It went under the water. It was preserved and placed into containers that you and your group thought might be useful for preservation. There is a very strong possibility that when the land mass that was once Atlantis comes to the surface again during the coming Shift, that eventually that work, that history that was written, may be found. We see some containers still there.

So, meditation and affirmation, may be of what I have to say towards myself, will be the biggest tool ~ not wait so much for the acknowledgement of others ~ just go about my desire to write?

If you were to wait for the acknowledgement of others you would truly wait for eternity. You must simply do what your soul tells you to do and what you feel is right. There will be those who will listen and hear and come to you and love what you are doing.

I am really pleased that my friend is here tonight as she is always the one assisting me getting the work done.

Yes. There is a very harmonious vibration between the two of you. You have come into this life specifically together to work together ~ to help each other. It has been years of preparation separately for you before you came together as two. It is advised that you continue this partnership and draw upon each other's strengths to help you, and do not be concerned about what others say about your writings. They are unenlightened, and the only thing that can be done for unenlightened people is to send them the light. You cannot convince them through your verbalizations. They must find the light themselves. They must see it themselves. Those who will see it, will. We see you reaching a great number of people with your writings.

When Will I Receive My Heart's Desire? ~ A Balancing Needed From A Past Life

What you are speaking about is more complex than I could describe to you in a brief session. The desires of the heart may be obtained very easily if they are meant by your soul in this lifetime to be obtained. This particular desire that you have has a connection ~ the reason for your desire has a connection with a lifetime of probably five hundred or six hundred years ago on the earth plane in which you were a member of a profession that in today's terminology would be referred to as a courtesan. And you made certain connections in that lifetime that bound you to the earth plane, meaning certain material desires that have kept you wanting to come back to the earth plane to be fulfilled.

You led a very grand lifestyle in that life. You had all of the luxuries that that particular time frame had developed. You had custom made clothing, silks, furs, and jewelry. You had someone who attended to all of your needs and someone who would take care of your hair and appearance so that you were left only to perform for the men who would pay you

handsomely for your favors. You have not been able to release yourself from the issues of that lifetime. Your soul has a memory and your Higher Self has a memory of guilt about this lifetime. You have not been able to rid yourself of excess baggage you have brought with you.

These issues have caused you to have an imbalance in this lifetime, and your heart's desire that you refer to will only come to you if you are able to balance from this lifetime. The way in which you will balance will come to you through your meditations. It is important that you understand how to reach your Higher Self. You have begun to do this and you must continue. It is a neverending process. To tap the knowledge that is there at that Higher Level ~ your Higher Self ~ so that your Higher Self will give you the answer to how you must balance in this lifetime from that particular lifetime, and therefore free you. Then you will indeed have your heart's desire. Has this helped you?

Yes, it does. What if one of my heart's desires is the process of learning to heal myself, and wanting to share this with others? Will I free myself enough to do that?

That will be entirely up to you. You have the potential. You must heal yourself first before you can heal others. If you are not able to heal yourself then the block is still there, and you are therefore not able to reach others in truly the way that you would want. You would be able, at this time, to help others in their own healing by talking with them and helping them to understand those things that you are beginning to understand about your Spiritual Self. The balancing that I refer to is a healing process for you. Once you have done that, you will have opened up your Spiritual Centers tremendously. You will then be able to heal yourself at any time, and then take that energy and heal others if they so desire to be healed.

Unless Someone Truly Wants To Be Healed, They Cannot Be

Do remember that unless someone truly wants to be healed, they cannot be. You cannot force your healing upon them for it would be only temporary, and whatever it is that you healed would not be truly healed. It would return unless the person truly wants to be healed. Remember that someone may be here specifically with a physical ailment, for example, that is part of a lesson that they need to learn, and you would be interfering by healing it against their will. So always remember to ask either their permission or to work with them in a way that they and you understand the desire to be healed is evident. Do you understand?

Yes. Then in order to obtain this balance, I need to let out past interferences that are interfering with now. When I have let go and accepted completely is when the blockage will no longer be there?

That will be part of it. You have the basics down. You need to meditate to understand more fully and more in depth what it is about this blockage that is creating a block. That is

something that your Higher Self will tell you, and you will know it. Once you know it, then it will be poof ~ it will be gone ~ and you will begin the healing process. It is knowledge that must come to you through yourself, and not through me, so you can receive it as you are ready to hear it. This particular information ~ at this particular time ~ you are not ready to hear it and especially from someone else. You will gradually be given this information as you are able to assimilate it, and take it, and understand that it is something from the past, and it is excess baggage, and you will not be devastated by the information.

So, once I have received this information, then all my other heart's desires are free to flow?

Yes.

Until An Entity Becomes One With The Creative Force, There Will Be Things To Learn

Even I have things to learn, my dear. Remember that until an entity has become One with The Creative Force there will be things to learn. So do not feel that you are below or not up to par with someone else, because everyone has things to learn. No one is exempt from it.

One May Need To Have A Particular Ailment Or Disability As Part Of Their Balancing

When I have balanced the spiritual, then the physical will respond? Or will the body remember? The body remembers certain things apparently, which has caused the physical discomfort this time around. Then will everything balance completely, my body and spirit?

You have the ability to balance completely. Remember that what you might consider balancing at your conscious level may in fact be different from what your soul considers a balancing. In fact, you may need to have a particular ailment as part of your balancing. The elimination of that ailment could in fact not help you in the balancing. Remember that when you see an entity with great physical disabilities or mental disabilities that they are not to be pitied. They are to be looked at as simply souls who are balancing themselves. They have come in to learn lessons, and they have taken upon themselves certain lessons to be learned, and therefore there is no need to pity anyone. Instead, rejoice that they are here learning their lessons, and hoping that they are in fact learning their lessons ~ praying, ever continually that souls are in fact learning their lessons, as their soul is hoping for them to learn. It is important for you specifically, again, to hear your Higher Self, and listen to what your own balancing needs to be.

Inquiry About Communication With Guides ~ The Changing Of The Guides

We have been in the process of changing your guides. This is an occurrence that happens as you begin to grow and your guides no longer can help you, and they are assigned to someone else. New guides come in who are better able to help you because of your

advancing in this lifetime. You happen to be one of the entities who comes under my jurisdiction ~ one of the Angels, who is assigned to me, has you assigned to her ~ it happens to be a female ~ so I am able to discuss this with you directly. If you were coming under the protection of an Angel that was not under my direction, one of the other Archangels, then I would speak to you more indirectly. What you have been feeling has been this transition. Your guides who have been with you since you entered the earth plane are saying goodbye to you. They are trying to tell you that they have been most pleased to have been helping you. And it is a time of rejoicing when we have a so-called Changing of the Guard, because it means that you have outgrown your guides, so to speak.

I knew something was going on. However, I did not know that was what it was.

Your new guides are settling in and trying to greet you. They are of a higher vibration than your former guides. Your former guides have learned a great deal and progressed themselves by being your guides. They have done a very marvelous job and they are now going to go to a higher level themselves. Your new guides ~ there are two of them presently ~ there is a third we are thinking of if the need be ~ these two in particular are surrounding you now, and they would like very much to communicate with you in some way to let you know that they are with you. One of the tricks that we like to do at this end is something very similar to a tickling sensation. It can be anywhere. Sometimes they can be rather mischievous, these guides, trying to get your attention so that you realize that it is they and not the wind.

I used to think of it as the wind. I do not anymore. I have all my life felt a presence. Was this the presence of the guides that I have felt?

Most of the time. There have been times when what you are feeling is simply a connection with the Universal Force. It is an energy that you are feeling where you have connected with your Higher Self and your Higher Self has connected with The Universal Consciousness in a lower vibrational sense. You feel the vibration. You have the ability to open up to The Universal Consciousness and to communicate with it at a higher level. You have that potential.

The Issue Of People, As Seen In Your Dreams

I have had dream experiences where I have met people and remembered them. Are these dream people real or are they figments of my unconscious imagination? Or are some of these dream people actually people?

The issue of people ~ as seen in your dreams ~ whether in yours or others who dream ~ take on many forms. They can in fact be composites of people who you are encountering in your life on the earth plane now. They may in fact be spirits ~ souls who you are contacting either at this end, or those who are on the earth plane who may have left their

body and are coming to talk with you ~ and it would appear that you are in a dream state when in actuality you are out of your body also, and you are remembering this experience.

Then it was a person trying to stress upon me to get in touch with my Higher Self ~ that this was a turning point ~ and someone in my dream was stressing to trust my Higher Self?

And who do you think that may be, my dear?

Could it have been you or one of my guides?

It was you, my dear ~ it was you telling yourself. You see, you have all this knowledge and your soul is telling you to trust yourself. You see, your soul is a part of you. However, you have a conscious part of you that many times will work against the Soul ~ not you only, all. True harmony begins when your Conscious Self ~ your earth plane physical Self ~ works in harmony with the Soul, and this occurs through connection with the Higher Self. Many times when we go into the dream state you are opening yourself. You will hear your Soul. Your Soul was telling you to trust and to reach the Higher Self.

Being Consciously Aware Of One's Guides ~ Having Highly Developed Spiritual Centers

Sometimes I find when I am intermingling with people on a conscious level, I am also very aware of what is happening on a subconscious level around me. Even when I am trying to sleep, I can feel movement and activity. Are my guides simply trying to communicate with me? I am very conscious of them. How do I balance the two worlds?

What you are experiencing is a situation very common. You are just more aware than others of the situation. That is, that your Spiritual Centers are so highly developed that you have no difficulties in communicating. You do not in fact need to go into meditation because you are almost in a continual state of meditation. Therefore, you are continually hearing and sensing the movement around you. What you need to understand is that many times your guides are not trying to communicate with you. You are simply picking up their normal movement around you, and also the fact that they may be calling in other friends of theirs to have little conversations among themselves that could be relating to you, although many times, might not be. They might be relating to Universal Issues that they are dealing with ~ and they are watching you ~ and you are going about your business ~ and they find that they can take some time with other entities at their vibration to talk and to help each other. What you are picking up is this activity ~ and you have been, as you recognize, for many, many years on the earth plane.

What will help you is to understand this particular phenomenon and perhaps you can come to an agreement with them, because you are able to communicate with them very easily. Come to an agreement that they will help you to realize when they are in fact trying to

communicate with you, or that you are simply picking up their own extracurricular activities.

Inquiry: What Is My Purpose In Regards To The Shift?

I would like to know if you could tell me what my purpose is in the near future in regards to The Shift. Also, what psychic talents I might be able to use to achieve my goals.

You have come in to help in a particular area where The Shift is concerned. It is an area that concerns physical survival. You have some talents from many different life experiences in Atlantis, and since that time, in certain designs of shelters. And because of the nature of this particular cleansing that is about to occur, as I have said earlier, the shelters will be under the ground, and you have the knowledge that can be awakened.

I will be giving information as time goes on, when it is appropriate, and when the time is ready, for these actual physical preparations. And to some who hear this, it will be foreign to understand. You on the other hand will understand ~ you will have a memory because of your abilities. You are able to create things. I would encourage you to do more of this to spark your Soul ~ even if it were to take something like a piece of clay and to clear your mind and just create something from it. You will be amazed at what you will create because it will be something from what you have created during Atlantis, a near replica.

You, my dear, have not decided whether you are going to stay around after The Shift. You are of a vibration that will be harmonious with the Earth vibration when it changes, and therefore are in the position to decide if you want to stay or not. There are some souls on the earth plane now who have made the decision and they have decided that they are going to stay after The Shift. There are others who have not decided that yet, and you are one of those. Whether you stay or not is irrelevant actually because your primary mission this time is to help with the physical preparations for The Shift, and in order for you to do that, and for people to believe in you, you must of course first develop the credibility with them at spiritual levels, because these will be souls who are spiritually attuned and will listen to only those who are spiritually attuned. So you are now drawn into this spiritual circle. Does this shed any light on what you are feeling?

I have never considered myself very creative in respect to work with my hands other than writing, so I find it interesting.

Yes, it might be a nice thing for you. It will help you to become in touch with yourself a bit by obtaining some of this clay and trying out the suggestion. You are already aware of how to clear the mind, create the void, so that the Creative Energies can enter. Do this and see what happens ~ and see. It will be most interesting for you. Then after you have done this, we can talk further about it.

Is There Any Guilt In My Past On A Spiritual Level Blocking My Growth?

As with most entities on the earth plane there is blockage. The reason for entry onto the earth plane is to get rid of blocks ~ guilt that is carried from one life to another. You do have of course some issues that are blocking you in your spiritual growth. It is progressing very nicely. And if you want to open your Higher Self more and more and face some of the guilt that you are feeling, you will be able to unblock yourself much more rapidly

Someone Asks Waith About Investing In Property

I have a very mundane question. I would like to buy property. I have a real urge for the first time in my life to get a handle on things, so to speak. Now with the upcoming shift, I would not like to see my property go down in the ocean! Is it just a little human mind right now that we hang onto possessions that we have to learn? Or that besides spiritual wealth, there is nothing to hang onto anyway? Or is there any advice you can give us for investment? ☺

Yes, a most appropriate question to be asking ~ not at all mundane. The issue of property ~ land ~ is a very significant one with the time frame near of The Shift. There are individuals who are gathering now in our spiritual community who have taken on as part of their mission, their life, to help have the correct property that will be needed for the shelter. There will be several shelters in this geographic area. And the desire that you are feeling, that grows stronger, is the result of this mission that you have come in to have property that will be legally yours before The Shift occurs, so you will allow the shelters to be built under the ground. Once The Shift occurs, of course, that ground property takes on a new definition. And if you will allow the Universal Forces to work their magic, the opportunities will be presented to you at a physical level, and you will have the necessary money available to you to purchase. And you will know that it is the correct land because we will tell you. It is not time yet for you. There is some time for this and we will assist you.

So once again my habit of prematurely worrying.

It is not so much a worry. It is an anxiousness on your part because your soul, if you can envision this, is jumping up and down with excitement, because you have finally come into the geographic area that was determined for you that you decided upon before coming onto the earth plane, and so your soul is very happy right now. This is what you are feeling. It will settle down in a short time when it knows that you know where you are meant to be, and that things will flow, as they need to.

Waith Discusses Teamwork ~ Before, During, And After The Shift

All preparations now are for The Shift. All teamwork is for The Shift. All of you in this vibration tonight are here for The Shift. You have no other purposes except to prepare yourselves as well as those around you for The Shift. It is a very serious mission, and yet we

need to be lighthearted about it, and we have some very serious work ahead. I am here for the duration, as I like to tell people. It means that I will be communicating with you all, and anyone else, from now until The Shift ~ during The Shift ~ and after The Shift.

Mushiba has only gone through about one half of her time on the earth plane, much to her displeasure. She wants to leave as soon as she can. However, she will be here for many years after The Shift. We joke about it. However, there are very important issues for her to deal with after The Shift. I will be here until the time is up for my loved one to leave. I will be here as your companion during all this time and will help you with answering and dealing with questions and issues as they arise.

It is a very exciting time and one that, for those who have agreed to come in at this time, and taken on the challenge of helping others to attune themselves vibrationally, so that they can survive The Shift, if they choose ~ very special people ~ very special entities, all of you for taking on this challenge. And I am here to lend you moral support ~ and times might get rough. You can count on me to give you some support, to assure you that you are going in the right direction and that you are following your soul's mission.

As we progress through time, as time draws near for The Shift, you will know that you will not be left above ground when the axis shifts. You will be below ground in a shelter when it happens, because I will have told you that it is time. Between now and then, we have a fun time ahead of us trying to reach out into the darkness and send the light to those who need it.