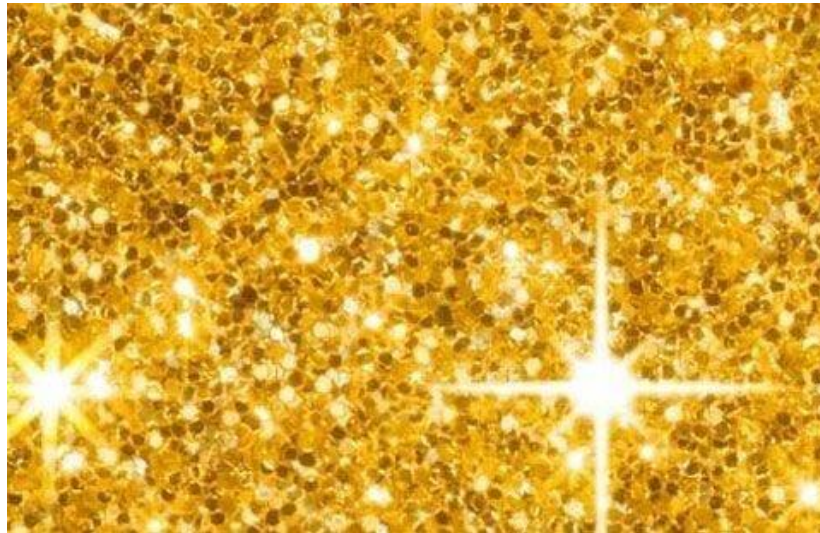


# Guidelines for Growth: Introduction



**Mushiba:** We begin the year 2021 with hope ~ hope of Growth gained in 2020 from our experiences during the beginning of the pandemic. And, hope of Growth continuing as we live through the ending of the pandemic, although not the ending of the Covid virus.

A lesson learned for many people is that our responsibility is not limited to Self ~ it is to Others, also. Thus, my focus for 2021 will be on Growth: what are the concepts of Growth and how do we apply those concepts to *Self AND* our interactions with *Others*. I begin with an Introduction to:

## Waith's *Guidelines for Growth*

*Respect Self*

*Love Self*

*Respect Others*

*Love Others*

*Be of Service to Self*

*Be of Service to Others*

*Be Joyful*

*Be Serious*

*Be Single of Purpose*

*Be Unified in Purpose*

**Waith:** *“The **Guidelines for Growth** serve as our statement of purpose and as the umbrella of the **Search for Self**, which is our guidance mechanism.*

*“Our guidance is about bringing balance to the abstract and concrete. It is the great balance and the line that each of you has within Self for your own balance. The journey within Self is about finding that line and to move that line as you increase in your own awarenesses because of the discoveries within Self.*

*“This is a process. Each item listed is not mutually exclusive. It must be done individually and simultaneously. It has no beginning and no end and yet, it must begin somewhere.*

*“It is the paradox of the concrete and the abstract ~ where does it begin? Did it begin in the abstract and come into the concrete or did it begin in the concrete and then feed back into the abstract? The answer is yes! At the concrete, you would want to have a beginning. At the same time, you are dealing with nonlinear.*

*“In the concrete you live in a very small portion of your own energy ~ and that is linear. Most of your energy is nonlinear. You have manifested in this dimension of Self with others who have manifested in this dimension. No other dimension of Self, as it relates to this dimension, is linear.”*