

# Spiritual Leadership Series ~ Sparks And Spots



**Mushiba:** Previously, Waith discussed the *Spectrum of Light*, and ended by saying that as we are more light filled, the dark becomes defused. In this discussion, we look at *Sparks and Spots*, his analogy for *Light and dark* within Self. He begins by referring to *Illustration C* in *Spiritual Leadership*:

**Waith:** *“These little sparks represent Light and, these little spots represent dark (Illustration C). You have more sparks than you have spots. And there is a new level of awareness.... The sparks begin to overshadow the spots. Once your Spectrum is completely filled in with the sparks, what happens?”*

**Response:** *“We go to The One?”*

**Waith:** *“Yes, the journey is to have all the sparks fill The Light Spectrum. There will, however, be little shadows in Self until you have achieved that moment where return into The One occurs. It is a simultaneous event ~ it happens in an instant, a blink of an eye. You are all filled in and there is no reason to be out of The One now ~ you are The One.*

*“You cannot be out of The One and be completely filled in with your sparks. That means, then, that every energy you come in contact with, is outside of The One, and therefore, has what?”*

**Response:** “Different levels of awareness.”

**Waith:** *“They have different numbers of spots ~ or different shadowing. If one has fewer shadows than another has, they are going to have a greater Light filled perspective.*

*“Both the Light and dark are components of you. As you work toward bringing in more sparks to your Spectrum, you are attracting that which is dark ~ this is a normal process and what is universally known as the battle between the Light and the dark.*

*“The Light does not attack the dark ~ it is the dark, those spots in each of you, that attack. However, the Light does enjoy instigating by saying, ‘Na, na, na, na, here I am ~ I’m Light.’ You do this all the time ~ it is great fun and is part of the game... for the purpose of instigating the dark so that it will attack is so the Light can absorb the dark ~ eventually ~ so that no longer will you have a spot. You will have infiltrated that dark.”*

When Waith said, “*you will have infiltrated that dark,*” he opened an interesting discussion about the game of instigating spots. As a teacher, I guide people to learn, and as a learner, I know I will need to prove to Self that I have learned ~ thus, I ask to be tested (see *Cycle of Lesson Learning*). And for me, when I am being tested, I *try* to remember to ***Focus on Lightheartedness and the Spreading of Light!***

**Question to Ponder:** Since Sparks and Spots can expand and compress, how does this affect our lesson learning?