

# Spiritual Leadership Series ~ Spectrum Of Light



**Mushiba:** *Hope Springs Eternal* is one of my favorite statements. Yet, hope can be either Light or dark depending on the perspective of each person. Our perspective is determined by where we are on our Spectrum of Light, as explained by Waith:

**Waith:** *“Each of you is Light and dark. As energies, you are your own Spectrum of Light ~ a neverending circle, simply existing within Self. You vary in your own illumination.”*

*“At any point in time, you can see something through, what might be called a Veil of Darkness. It may be short term or long term. As you look at the world around, you see it through your own Spectrum of Light.”*

*“Be aware of your own Spectrum of Light. You cannot judge the behavior of another to be Light filled or dark filled because you are working on your own Light filled versus dark filled behavior.”*

*“As you become more aware of your own issues, and work through those issues, you become more Light filled ~ and as you are more Light filled, the dark becomes defused.”*

I have had times where I was looking at hope through a Veil of Darkness. Defusing that veil depended on how quickly I Recognized its presence. While I have many external ways to help me (e.g., certain people, media, items, and activities), I finally Acknowledged I had to take Action within Self. Thus, as I prepare for the sleep state each evening, I spend time reflecting on my day's actions, thoughts and words. And, of course, I Focus on *Lightheartedness and the Spreading of Light!*

**Question to Ponder:** How can Hope be of the dark?