The Joy Of Physical Ailments

Mushiba: "The Joy of Physical Ailments," you say. Surely, there can be no joy in having arthritis, diabetes, fractured limbs, cancer, heart attacks, high blood pressure.... and you ask, "Does having a physical aliment mean that we are not able to Heal Self, and therefore, we are not learning our lessons?" I would say that it is quite the opposite! It is by the presence of the ailment itself that shows we are in the midst of lesson learning ~ for Self, for Others, or a combination.

Waith has given much guidance regarding Healing of Self. Here is a sample:

> **Waith:** *"Many have taken on specific physical ailments as part of balancing, and the issue of healing becomes one in which you, yourself, must determine if you want to be healed or whether the physical pain is for the benefit of your Soul and its balancing ~ or, whether it is something you have determined to teach and help others learn their lessons.*
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> *"There are those of you who have tremendous tolerances for pain, and yet, have forgotten that your high tolerances have been reached as a result of many lifetimes of working toward this level. There are many people who do not have these same tolerances for pain, and your sensitivity toward them may be less than what it needs to be.*
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> *"Physical pain to one entity is as strong as it is to another entity, and there is no justification in comparing pain. What is painful to one is as painful to that entity as it is to one who may have a higher tolerance. It is helpful, at*

times, to have a quick lesson in remembering pain, and therefore, the body and the Soul will take on a physical ailment and its pain ˜ it is necessary for growth."

Each person, regardless of how physically *healthy* they appear, has *something* that is part of their lesson learning ˜ otherwise, there would be no reason to be here! Ahhhh, The Joy of Physical Ailments is easy to conceptualize, is it not?

(For more details about Healing of Self, see Waith two documents: *Search for Self ˜ First Level* and *Search for Self ˜ Second Level*.)