

The Evolutionary Process Of Healing



Mushiba: It has taken me thousands of lifetimes (or so it seems!) to evolve to this point in my healing. I say, *Evolve*, because the Healing of Self is a multiple life, evolutionary process. Waith has given much information about the Healing of Self and the *Evolutionary Process of Healing*. Here is a sample:

Waith: *“Healing is an evolutionary process. It is transitional in its orientation and takes many lifetimes. Each of you ~ and each of you only ~ can do the Healing of Self. You can be assisted by others who will guide you in your growth. However, it is only you, ultimately, who can heal Self, for it is your path, it is your series of lessons that you take on.*”

“Healing takes many hundreds of manifestations. There is no technique, medicine or incantation that would heal you unless you are ready to be healed. There might appear to be a healing, yet it is for a short term, for healing means that the Soul has learned the lesson and lets go of what it was holding on to. There may be occasions when the lesson has been partially learned and there appears to be a healing ~ the ailment appears to no longer exist. However, if the Soul has not learned its lesson, it will take that lesson into another manifestation.”

I believe that every opportunity presented to me is an adventure in my healing process, and while there are some days when I wish there were not so many adventures, I know that Self has made these arrangements with The Universe. Healing of Self is what brings growth and strengthening.